

**SHRIMAD RAJCHANDRA COLLEGE OF PHYSIOTHERAPY**  
**MALIBA CAMPUS, BARDOLI**

**Name:** Dr. Bhavik S. Jhaveri

**Designation:** Assistant Professor, Department of Physiotherapy

**Email ID:** bhavik.jhaveri@utu.ac.in

**Qualification:** Master of Physiotherapy

**Specialization:** Sports

**Date of Joining:** 01/10/2016

**Experience:**

Clinical Experience: 3 Years

Teaching Experience: 7 Years 5 Months

**Number of Conferences/Seminars/Workshops attended:** 29

**Number of UG students guided in project:** 30

**Number of PG students guided in research:** 10

## **Memberships:**

- Gujarat State Council for Physiotherapy (GSCPT)
- The Indian Association of Physiotherapist (IAP)

## **PUBLICATIONS:**

- Article titled “Effect of Neuromuscular Training on Star Excursion Balance Test and Single Leg Hop Test in Collegiate Female Basketball Players” published in Indian Journal of Physiotherapy & Occupational Therapy in the year 2019.
- Article titled “An Observational Study to Determine and Compare Effects of Various Physical Test Components on BMI of School Going Children” published in Annals of Physiotherapy and Occupational Therapy in the year 2018.

## **PAPER PRESENTATION:**

- Presented a paper titled “Effect of Neuromuscular Training Program on Jumping Variables in Female Basketball Players” at IASMCON 2015.

- Presented a paper titled “Effect of Neuromuscular Training Program on SEBT and Vertical Jump in Female Basketball Players” at IAP 2015.
- Presented a paper titled “An Observational Study to Determine and Compare BMI and Physical Fitness of School Going Children” in 12<sup>th</sup> GUJSTATE CONPHYCS-2018.
- Presented a paper titled “To Compare Dynamic Balance of School Going Children with Flat Feet and Children with Normal Arch Feet Using Y-Balance Test” at AURO University.
- Presented a paper titled ‘A Comparative Study of Transversus Abdominis Endurance and Lower Extremity Balance in Individuals with Non-Specific Low Back Pain and Asymptomatic Individuals” in National conference on Physiotherapy & rehabilitation: Evidences leading to new horizons organized by Sumandeep Vidyapeeth, Vadodara.

## **EXPERT LECTURES/WORKSHOPS CONDUCTED:**

- Mulligan concept of Mobilisation with Movement (MWM) for Upper Quadrant.
- Mulligan concept of Mobilisation with Movement (MWM) for Lower Quadrant.
- Plyometrics: What it is & how to do it?
- Athletic taping techniques in Sports.
- Assessment of Health related & Skill related physical fitness components.